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Manifest like a Pro

THE FRAME OF THE MANIFESTING GAME

Manifesting is how everything in our life comes about. It is a term that can cause confusion because it seems that there is something to do; I AM manifesting ... a new car, a new relationship, a trip to New Orleans,

But, if you were to be exact you would say; I am focusing on calling a new car into my existence, I am deliberately creating a new relationship, I'm consciously creating a trip to New Orleans.

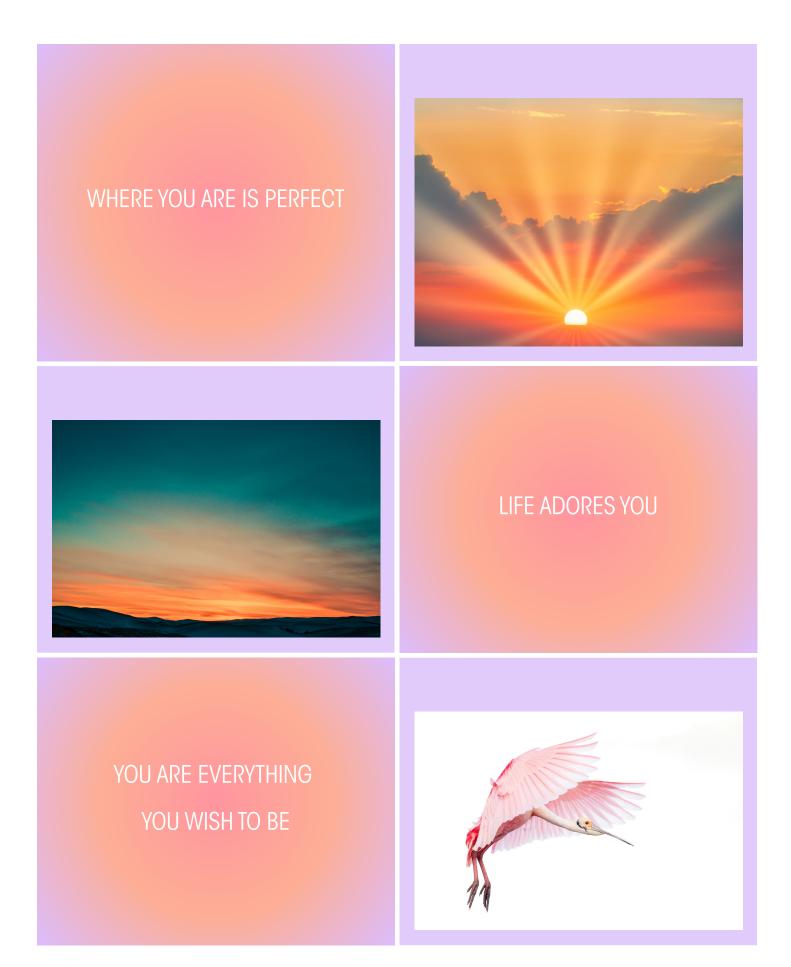
Manifesting is automatic, it is about focusing your creative abilities in the direction you want them. Like a flashlight or a laser is focused light and it lights something up, it makes something standing out. So does your focus light up that what you are creating. You do this either consciously or you do this unconsciously.

This is how physical reality works. I have learned from these masters; The Council, Seth, Opra, Abraham Hicks, Dragon and Bashar. You will notice a common denominator, these are all channeled beings. I believe humans too, and their humanness gets in the way.

- 1. There is no linear time, everything exists here and now.
- 2. We are constantly changing and shifting into other versions of ourselves. You are not the same you that you were yesterday.
- 3. There are multiple versions of earth, as well as versions of you and others.
- 4. We experience in our lives what we are a match to, change who you are, change your experience.
- 5. What we see now is *after* the fact, it has been created before by our thoughts/beliefs and our feelings in something that has been called the Vortex or Framework 2.

- 6. The Universe/God/All That Is doesn't judge things as good or bad, we aren't punished or rewarded for our actions. All is perfect in the eyes of Source.
- 7. What we focus on dominantly we will experience.
- 8. We create impeccably and quickly from a state of innocence. And innocence means with no agenda, from pure love, from the heart.
- 9. Everything is created in imagination first, visualisation therefor is a powerful tool.
- 10. Emotions are what fuel the visualisations, and this goes both ways. So if you're very scared of something happening you are emotionally visualising something, When you feel really good about something that hasn't happened yet you are emotionally visualising.
- 11. Awareness of what you are thinking and feeling at any time is your best friend.
- 12. We are part of a team, an Inner Self, a Higher Self and the personality structure [You].
- 13. The Higher Self, has the overview it is on the mountain top so to say. It speaks to you through your Inner self and your Inner Self speaks to You through your body sensations. Your intuition. So when something feels off it or really good it is your guidance system.
- 14. Things change all the time and following intuition and guidance is perfect as long as you do not expect these to lead to something. In other words; Don't be attached to the outcome. And yes that can be difficult at times and that is the name of the game. It is trusting the GPS to lead you to the perfect destination even if it seems the f*cker takes you on a humongous detour.
- 15. Slowing down is speeding up. When you don't need something to happen quickly and you take your time and focus on being here now, feeling good and the process of things just because it feels better than to be impatient. The thing that you are waiting for will speed up.
- 16. The way to create something completely different is to be ok with where you are now and don't push against it. When you emotionally respond to anything you are confirming the seriousness and reality of it while in fact it is a shadow, it has been created from previous thoughts and beliefs and momentum and the only way to change it is to see it for what it is; Old momentum. From this free feeling point you can then start to imagine something that you would love to experience and stick to that focus.
- 17. It takes 'time to manifest so that you have time to change your mind. Imagine if every bad thought you had would instantly manifest, We would not have a planet left.
- 18. Synchronicities become normalised the more you are living close to your Higher Self.
- 19. You life closest to your Higher Self by doing what you love, by shining your light, by being happy for no good reason.

- 20. We are here to have fun, to enjoy all that life has to offer us.
- 21. Our only job ever is to mind our vibration, our energy, be radiant, happy and feeling amazing for no reason.
- 22. Contrast is necessary, it is part of the game. Suffering however is not good for Soul and suffering is optional. It comes from repeating old stories in your head. Stop the story, stop the suffering.
- 23. The How is not up to us, to you. The How is what the Higher Self takes care of.
- 24. A Desire without attachment a pure desire feels good. As soon as it doesn't feel good anymore, there is attachment in play.
- 25. Having it all comes from allowing ourselves to having it now, Not placing anything in the future, but embodying the frequency of the person that has 'that' already now.
- 26. The point of Power is Now, Meaning, if I had a really crappy week I don't have to create more crappy things from how I was feeling the whole week, I can change my mind and my feelings right at this moment and I choose a complete new trajectory.
- 27. And since there is no linear time, it doesn't take me long to see the results from my fresh new State of Mind.
- 28. You are Valuable, You are Innocent, You are Worthy.



This is a lot of information and I can understand it if you have any questions.

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